

Training Calendar for Sept 2021 to August 2022

PATHFINDER: PART-TIME TRAINING PROGRAMME QQI MAJOR LEVEL 3

CAPACITY: 12 Students

OUTCOME: Full Major Award on National Framework OF Qualification at QQI Level 3, a Certificate in Employability Skills

TARGET GROUP: Adults with experience of mental health difficulties who; wish to explore their interests/ training/ access services to support their mental health/ have experienced periods of unemployment due to mental health difficulties/ want to work on structure and routine.

DATES	SEPT 20th 2021 – MARCH 18th 2022	MARCH 21st 2022 – AUGUST 26th 2022
SEMISTER	SEMISTER ONE	SEMISTER TWO
OUTCOMES	Accreditation in 4 Modules, 35 credits towards Level 3 Major (60) Award	Accreditation in 4 QQI Modules, 40 credits towards level 3 Major (60) Award
QQI MODULES	Computer Literacy Personal Effectiveness Application of Numbers Career Preparation	Internet Skills Personal & Interpersonal Skills *Teamworking Work Experience
WELLBEING SESSIONS	Across the two semesters students can participate in the following: Creative relaxation and Creative expression, 1 to 1 coaching, and guided nature walks, WRAP®, Goal Planning, Meditation, Gratitude, Personal reflection.	

PATHWAY TO EMPLOYMENT: FULL-TIME TRAINING PROGRAMME QQI MAJOR LEVEL 4

CAPACITY: 12 Students

OUTCOME: Full Major Award on National Framework for Qualifications at QQI Level 4, Pathway to Employment

TARGET GROUP: Adults with experience of mental health difficulties who wish to move towards employment and/or prepare for specific skill courses at QQI level 5 or above.

DATES	SEPT 20th 2021 – JAN 21st 2022	JAN 24th 2022– May 6th 2022	MAY 9th 2022 – AUG 26th 2022
SEMISTER	SEMISTER ONE	SEMISTER TWO	SEMISTER THREE
OUTCOMES	Accreditation in 3 QQI Modules at level 4, 35 credits towards Major (90) Award	Accreditation in 3 QQI Modules level 4, 30 credits towards Major (90) Award	Accreditation in 3 QQI Modules level 4, 25 credits towards Major (90) Award
QQI MODULES	Food & Nutrition Communications Personal Effectiveness	Information Technology Customer Service Career Planning	Functional Maths Work Experience Health and Wellbeing
WELLNESS/OT HER SESSIONS	Across the three semesters learners can participate in the following: Self-advocacy workshops, 1 to 1 coaching, and guided nature walks, WRAP®, Goal Planning, Meditation, Gratitude, Personal reflection, Yoga, Creative Writing,		

Register for courses, queries or schedule a visit, call Angela on 01-4940502